

The European Federation of the Associations of Dietitians was established in 1978 in Copenhagen, Denmark. Membership of the Federation is open to National Associations of Dietitians from all member states of the Council of Europe.

## Members

EFAD currently has 28 Member Associations, representing over 26,000 European dietitians from:

Austria, Belgium, Cyprus, Denmark, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Luxembourg, The Netherlands, Norway, Poland, Portugal, Slovenia, Spain, Sweden, Switzerland, Turkey and the United Kingdom.

## Organisation and structure

The Federation is directed and represented by an Honorary President and Executive Committee elected by the membership. EFAD meets annually at a General Meeting, with representation from each of the member Associations.

## Networking

EFAD is currently collaborating with:

- DIETS Thematic Network
- EU Platform on Diet, Physical Activity and Health
- WHO Obesity in Europe
- International Confederation of Dietetic Associations (ICDA)
- EUFIC (European Food Information Council)
- ENHA – The European Nutrition for Health Alliance
- EARNEST – Early Nutrition Programming Project



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## The Dietitian: a profession for health

The profession of dietetics has an official definition adopted by the International Confederation of Dietetic Associations (ICDA).

*A dietitian is a person with a qualification in Nutrition & Dietetics recognised by national authority. The dietitian applies the science of nutrition to the feeding and education of groups of people and individuals in both health and disease.*

The scope of dietetic practice is such that dietitians may work in a variety of settings and have a variety of work functions.

## The aims of EFAD are to:

- promote the development of the dietetic profession
- develop dietetics on a scientific and professional level in the common interest of the member associations
- facilitate communication between national dietetic associations and other organisations – professional, educational, and governmental
- encourage a better nutrition situation for the population of the member countries of the Council of Europe.

These aims shall be pursued in co-operation within the member associations and with international organisations.

EFAD does not pursue any political, religious or financial ends.



## Reports available online

[www.efad.eu](http://www.efad.eu)

- European Dietetic Benchmark Statement for the education and training of dietitians throughout Europe- unanimously adopted by the EFAD General Meeting 2005
- The History of EFAD - the first 25 years
- Education and Work of Dietitians within EFAD 2003
- Council of Europe Committee of Ministers Resolution ResAP(2003)3 on Food and Nutritional Care in Hospitals
- Resolution ResAP(2005)3 on Healthy Eating in Schools
- Membership Report 1999: Structure, Membership, Aims and Objectives, Activities and Fundamental Statements

DIETS is partially funded by



Education and Culture

**Socrates**

## DIETS Thematic Network: Dietitians Improving Education and Training Standards

DIETS is building on the foundation which EFAD established through the mapping of dietetic education and the adoption of the Roskilde Resolution and the European Dietetic Benchmark Statement.

DIETS objectives are to:

- map all areas of dietetic practice, education and training throughout Europe
  - develop the utilisation of ECTS (European Credit Transfer and Accumulation System)
  - facilitate sharing of knowledge
  - disseminate examples of best practice and evidence-based practice
  - develop quality indicators, in particular in practice education
  - develop dietetic practice competency statements
  - embed lifelong learning competencies in first cycle degrees
  - develop and promote education courses for dietitians
  - contribute to the research capacity and capability of dietitians
- [www.ThematicNetworkDietetics.eu](http://www.ThematicNetworkDietetics.eu)